

# MEDICAL MISSIONARY TRAINING SCHEDULE

## SUNDAY

- 4:30 Registration
  - 5:30 Orientation
  - 6:30 Supper and Digestive Walk
  - 8:30 Sweet Dreams
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## MONDAY

- 5:00 Rise and Shine!! Personal Devotional time
  - 6:00 Lemon Water & Vital Signs Class – Nayelyth Pfeifer & Grenda Sanders
  - 7:00 Morning Manna – Narlon Edwards
  - 7:30 Breakfast
  - 8:15 Stretches & Digestive Walk – Chris Pfeifer
  - 8:45 MMW & The 3 Angel's Messages – Narlon Edwards
  - 9:30 Order: First Law of heaven – Chris Pfeifer
  - 10:15 Break (Breathing exercises, Sunbath, rebounder)
  - 10:30 8 LAWS OF HEALTH – Chris Pfeifer
  - 1:00 Lunch
  - 1:45 Digestive Walk
  - 2:15 WiseHearts (EQ) GoEQ lesson – Angelica Naranjo
  - 3:00 In Home Lifestyle Center – Chris & Nayelyth Pfeifer
  - 4:30 Gardening – Justin Adamson
  - 6:00 Supper
  - 6:30 Evening Manna - Chris Pfeifer
  - 7:30 Personal Time
  - 8:30 Sweet Dreams!
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## TUESDAY

- 5:00 Rise and Shine!! Personal Devotional time
- 6:00 Lemon Water & Vital Signs Class – Nayelyth Pfeifer & Grenda Sanders
- 7:00 Morning Manna - Narlon Edwards
- 7:30 Breakfast
- 8:15 Stretches & Digestive Walk - Chris Pfeifer
- 8:45 MMW & The 3 Angel's Messages – Narlon Edwards
- 9:30 8 LAWS - Chris Pfeifer
- 10:15 Break (Breathing exercises, Sunbath, rebounder)
- 10:30 8 LAWS - Chris Pfeifer
- 11:30 Nutrition & Cooking Class - Samantha Edwards
- 1:00 Lunch
- 1:45 Digestive Walk
- 2:15 In Home Lifestyle Center – Chris & Nayelyth Pfeifer
- 3:00 Hydrotherapy – Nayelyth Pfeifer
- 4:30 Massage – Chris Pfeifer
- 6:00 Supper
- 6:30 Evening Manna - Chris Pfeifer
- 7:30 Personal Time
- 8:30 Sweet Dreams!

## WEDNESDAY

- 5:00 Rise and Shine!! Personal Devotional time
  - 6:00 Lemon Water & Vital Signs Class - Nayelyth Pfeifer & Grenda Sanders
  - 7:00 Morning Manna - Narlon Edwards
  - 7:30 Breakfast
  - 8:15 Stretches & Digestive Walk - Chris Pfeifer
  - 8:45 MMW & The 3 Angel's Messages – Narlon Edwards
  - 9:30 Break (Breathing exercises, Sunbath, rebounder)
  - 9:45 Health Evangelism – Narlon Edwards
  - 11:00 Nutrition & Cooking Class - Samantha Edwards
  - 1:00 Lunch
  - 1:45 Digestive Walk
  - 2:15 God's Farmacy (Kitchen Medicine) – Chris Pfeifer & Angelica Naranjo
  - 3:30 Hydrotherapy - Nayelyth Pfeifer
  - 4:30 Massage - Chris Pfeifer
  - 6:00 Supper
  - 6:30 Evening Manna - Chris Pfeifer
  - 7:30 Personal Time
  - 8:30 Sweet Dreams!
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## THURSDAY

- 5:00 Rise and Shine!! Personal Devotional time.
  - 6:00 Lemon Water & Vital Signs Class - Nayelyth Pfeifer & Grenda Sanders
  - 7:00 Morning Manna - Narlon Edwards
  - 7:30 Breakfast
  - 8:15 Stretches & Digestive Walk - Chris Pfeifer
  - 8:45 Understanding Disease, Causes, Prevention, & Cure – Dr. Ashwin Sukumaran
  - 9:30 Pathology and Natural approach to Diabetes Part I – Dr. Ashwin Sukumaran
  - 10:15 Break (Breathing exercises, Sunbath, rebounder)
  - 10:30 Pathology and Natural approach to Diabetes Part II – Dr. Ashwin Sukumaran
  - 11:30 Nutrition and Cooking Class – Samantha Edwards
  - 1:00 Lunch
  - 1:45 Digestive Walk
  - 2:15 Pathology & Natural Approach to Heart Diseases Pt I & II – Dr. Ashwin Sukumaran
  - 4:30 Hydrotherapy (Physiology of Fever bath - Hyperthermia) – Dr. Ashwin Sukumaran
  - 5:15 Hydrotherapy Lab – Fever Bath – Nayelyth Pfeifer
  - 6:00 Supper
  - 6:30 Evening Manna - Chris Pfeifer
  - 7:30 Personal Time
  - 8:30 Sweet Dreams!
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## FRIDAY

- 5:00 Rise and Shine!! Personal Devotional time
  - 6:00 Lemon Water & Vital Signs Class – Nayelyth Pfeifer & Grenda Sanders
  - 7:00 Morning Manna - Narlon Edwards
  - 7:30 Breakfast
  - 8:15 Stretches & Digestive Walk
  - 8:45 Physiology of Fasting - Dr. Ashwin Sukumaran
  - 9:30 The Use of Herbs – Angelica Naranjo
  - 10:15 Break (Breathing exercises, Sunbath, rebounder)
  - 10:30 Pathology and Natural Approach to Cancer Part I & 2 – Dr. Ashwin Sukumaran
  - 1:00 Lunch
  - 1:45 Digestive Walk
  - 2:15 WiseHearts (EQ) - Angelica Naranjo
  - 3:30 Massage – Chris Pfeifer
  - 5:00 Sabbath Preparation
  - 6:00 Supper
  - 6:30 Evening Manna – Dr. Ashwin Sukumaran
  - 7:30 Personal Time
  - 8:30 Sweet Dreams!
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## SABBATH

- 5:00 Rise and Shine!! Personal Devotional time
  - 6:00 Lemon Water
  - 7:30 Breakfast and digestive walk
  - 8:30 Get Ready for church
  - 9:30 Church Service
  - 1:00 Lunch
  - 2:30 Hike to the Cave
  - 4:30 Graduation – Narlon Edwards & Chris Pfeifer
  - 6:00 Supper
  - 7:30 Personal Time
  - 8:30 Sweet Dreams!
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## SUNDAY

- 5:00 Rise and Shine!! Personal Devotional time.
- 6:00 Lemon Water
- 7:00 Morning Manna/Closing Remarks – Chris Pfeifer
- 7:30 Breakfast
- 8:30 Checkout

*“I wish to tell you that soon there will be no work done in ministerial lines but medical missionary work.” — CH 533.1*